

## Quick Guide for Organisations Supporting Listeners

Thank you so much for your support of Measuring the Mountain – it is only through organisations like yours that we will hear the stories we need to build a picture of how social care feels for the individuals involved.

We are expecting that organisations in most, if not all, cases will be able to add story-collecting to their usual activities eg a worker or volunteer who supports a social group will support some of those people to share their story.

Many organisations will not be directly involved in social care but will support people who are involved. The project is focused on social care but we anticipate hearing lots of stories on related and other topics – this is fine! Some stories may make some of the questions harder to answer, so they can respond with ‘not applicable’ or ‘too hard to say’.

We are not expecting organisations, or their Listeners, to:

- Forge relationships with brand new groups of people
- Require DBS checks if they don't need them as part of their usual role

We are expecting organisations to:

- Have safeguarding, and other, policies in place and to provide these to all staff and volunteers who are being Listeners
- Be able to support Listeners, and the people sharing stories, if anything worrying, upsetting or abusive is disclosed
- Make use of the Toolkit for Listeners to ensure they have what they need – available on [www.mtm.wales/resources](http://www.mtm.wales/resources)

Listeners who are Volunteers can register for Time Credits through our website and earn one Time Credit for each story.

### Story-sharing Activity

Many organisations will have groups, activities and events that will provide good opportunities for collecting stories. Story-sharing could be run as a specific activity at some of these events with people working in pairs to support one another, and/or with staff & volunteer support.

If you need support to run a story-collecting activity please contact Katie as the project may be able to provide additional Listeners and/or tablets to help with the collecting – [kcooke@interlinkrct.org.uk](mailto:kcooke@interlinkrct.org.uk)